

Dojo Attendance Requirements for Grading Juniors (16yr and younger)

Belt level	Required dojo training sessions*	Almost Ready for next grading**
White – kyu 10	10	7
White – kyu 9	15	7
Yellow	20	12
Yellow – 1 st Stripe	30	25
Yellow – 2 nd Stripe	30	25
Orange	30	25
Orange – 1 st Stripe	30	25
Orange – 2 nd Stripe	30	25
Green	35	30
Green - 1 st Stripe	35	30
Green - 2 nd Stripe	35	30
Blue	40	35
Blue - 1 st Stripe	40	35
Blue - 2 nd Stripe	40	35
Purple	50	45
Purple - 1 st Stripe	50	45
Purple - 2 nd Stripe	50	45
Brown – 3 rd Kyu	80	70
Brown – 2 nd Kyu	90	80
Brown – 1 st Kyu	100	90
Black Belt – 1 st Dan	110	100
Black Belt – 2nd Dan and higher will follow the adults curriculum		

* The “Required Dojo Training Sessions” are the number of sessions you need to train in the dojo in order to receive the “Grading Invitation email” for the next upcoming Belt Test. ** The “Almost Ready Hours” may be considered only if your last grading score was very high (Sensei will send the invitation).

Dojo Attendance Requirements for Grading

Adults

(17 years and Older)

Belt level	Required dojo training sessions *	Almost Ready for next grading **
White – kyu 10	10	5
White – kyu 9	15	10
Yellow	15	12
Orange	40	35
Green	50	45
Blue	60	55
Purple	70	60
Brown – 3 rd Kyu	80	70
Brown – 2 nd Kyu	90	80
Brown – 1 st Kyu	100	90
Black Belt – 1 st Dan	110	100
Black Belt – 2 nd Dan	210	170
Black Belt – 3 rd Dan	300	250
Black Belt – 4 th Dan	400	350
Black Belt – 5 th Dan	500	400

* The “Required Dojo Training Sessions” are the number of sessions you need to train in the dojo in order to receive the “Grading Invitation email” for the next upcoming Belt Test. However, please keep in mind that grading is always your choice. You may decline the invitation and wait until you feel you are ready.

** The “Almost Ready Hours” may be considered only if your last grading score was very high.